

Menu of Spa Services

They say good things come in threes, but they didn't say oh-how-good it can be
Decide which three signature spa treatments you absolutely must try and simply schedule your appointments

You will save each time you visit

10% off your first signature spa treatment
20% off your second signature spa treatment
30% off your third signature spa treatment

* Included

Medi-Spa

Booked by consultation

***Ionithermie Algae Detox** 50 minutes \$159
(Course of 3 for \$399) (Course of 6 for \$699)

This unique therapy detoxifies the body, reduces the appearance of cellulite & offers substantial inch loss in just one session. If you are serious about achieving dramatic & instant results, eliminating toxins & focusing on a plan to maintain a firm and toned body, this is the treatment you are looking for.

***Bamboo Massage** 50 minutes \$159
or 75 minutes \$199

Imagine warm bamboo shoots of various sizes soaked in essential oil rolling, sliding and tapping your muscles. This gorgeously indulgent massage will revive your senses in a new innovative way, inspiring the most relaxed state. Customized to your preference, our therapist will use deep tissue techniques or gentle strokes to melt away your tension and soothe your muscles into sweet oblivion.

***Thai Herbal Poultice Massage** 75 minutes \$195

This energizing, rhythmic massage utilizes scented herbal poultices that are heated and applied to the body at pressure points to relax the muscles and release tension. Your therapist then follows with an array of Eastern and Western massage techniques and acupressure movements combined with essential oils that will take your body on an exotic journey of total renewal.

***Lime and Ginger Body Massage** 50 minutes \$155
or 75 minutes \$199

An exotic exfoliation ritual to invigorate and bring vitality to your body. Warm oil is drizzled luxuriously all over your body and followed by our lime and ginger salt glow exfoliation. After rinsing away the salts, enjoy a deep tissue or Swedish massage.

***Aroma Spa Seaweed Massage** 75 minutes \$195
or 100 minutes \$259

As you relax, this warm seaweed mask will detoxify, decongest & stimulate your body systems. A massage, focusing on main tension areas, will complete this treatment and offer great relief from stress, tension and muscular aches & pains.

***Aroma Stone Massage** 50 minutes \$149
or 75 minutes \$195

A traditional full body massage combined with deep penetrating heat from volcanic stones bathed in oriental oils. This Balinese massage helps release deep muscular tension and balance the spirit.

Exclusive New Treatment offered onboard by Licensed Physician with Dr. Paris. Learn about the latest in cosmetic medical wrinkle treatments for a smoother, younger looking skin. Get the natural-looking lift you've been looking for in just minutes.

***Elemis Pro-Collagen Facial Quartz lift** 50 minutes \$145

This exceptional anti-wrinkle Facial has been independently tested with phenomenal results. Empowered with Quartz micro-crystals. This treatment is proven to reduce the number of fine lines and wrinkles by up to 94%, leaving skin firmer and uplifted.

***Elemis Tri-Enzyme Resurfacing Facial** 50 minutes \$125

This facial is clinically proven to reduce the appearance of lines, acne superficial scarring and uneven pigmentation, revealing a renewed level of clarity to the complexion. Resurfaces skin up to 75% and leave your skin up to 32% smoother.

***Elemis Absolute Spa Ritual** 100 minutes \$265

This wonderfully relaxing ritual will delight you from the soles of your feet to the tingling top of your scalp! Combining the Elemis Pro-Collagen Quartz Lift Facial for skin vitality with our sublime Elemis Deep Tissue Muscle Massage, this ritual will refresh your spirit and strengthen your vital energies

***Elemis Body Sculpting Colon Therapy** 50 minutes \$125

Clinically proven to improve the appearance of cellulite and sagging skin with advanced formulations that achieve rapid results. Detoxifying body mask is combined with specialized drainage massage techniques to break down fatty deposits, cleanse the digestive system, eliminate toxins, and improve texture of the skin.

Couples or Friends Massage 50 minutes \$269

The ultimate way to share quality time together. Both of you will enjoy a Swedish or Deep Tissue Massage as you lie side by side in our reserved suite for couples.

***Acupuncture** 50 minutes \$150

Time tested medicine with success in the treatment of acute and chronic pain, back/neck/knee pain, weight loss, sea sickness, sciatica arthritis, headaches, detoxification and longevity.

Reflexology 50 minutes \$119

**Discounts offer applies to Signature Spa Treatments only.*

For more information and to schedule your appointments dial 94 or visit the Greenhouse Spa, 9. Terms and conditions apply, including a 24 hour cancellation policy.

A 15% service charge is applied to all Greenhouse Spa and Salon services.

We recommend this signature body treatment...

Ionithermie Cellulite Reduction Program This revolutionary therapy reduces the appearance of cellulite, detoxifies the body and offers substantial inch loss (between 1-8 inches) in just one session.



THE GREENHOUSE
SPA & SALON