

Vancouver, BC, Canada

THINGS TO SEE

- 1 **Chinatown** The 2nd biggest in North America features classic Chinese Gardens and many specialty shops. 🚶
- 2 **Stanley Park** 1,000 acre oasis in the heart of the city with miles of trails and attractions including the Vancouver Aquarium. 🚶
- 3 **Vancouver Art Gallery** Contains rotating exhibitions of international works as well as permanent collections from local artists.
- 4 **Granville Island** Home to a large public market complete with flowers, fish and fresh produce. 🚶
- 5 **Vancouver Lookout** Offers comprehensive city views with telescopes and panoramic windows.
- 6 **Vancouver Maritime Museum** Great for people of all ages with exhibits including the first ship to sail through the Northwest Passage.
- 7 **Museum of Anthropology** Houses thousands of objects from BC's First

Nations and ethnographic materials from other parts of the world.

- 8 **Gastown** Vancouver's original town site is now lined with hip shops and restaurants. 🚶
- 9 **Science World** Two levels of hands-on science, technology and natural-history exhibits.
- 10 **Bloedel Floral Conservatory** Houses the 2nd largest dome greenhouse in the world complete with exotic plants & over 100 free-flying birds of various species.

GET OUT OF TOWN

Capilano Suspension Bridge 230 feet above the Capilano River, the bridge links nature with a series of aerial footbridges and glass viewing platforms 100 feet above the forest floor. 🚶

Richmond Located just south of airport, this is an Asian food and culture mecca. See North America's

largest Tibetan Buddhist Monastery on the "Highway to Heaven", a street lined with stunning temples of all the world's religions.

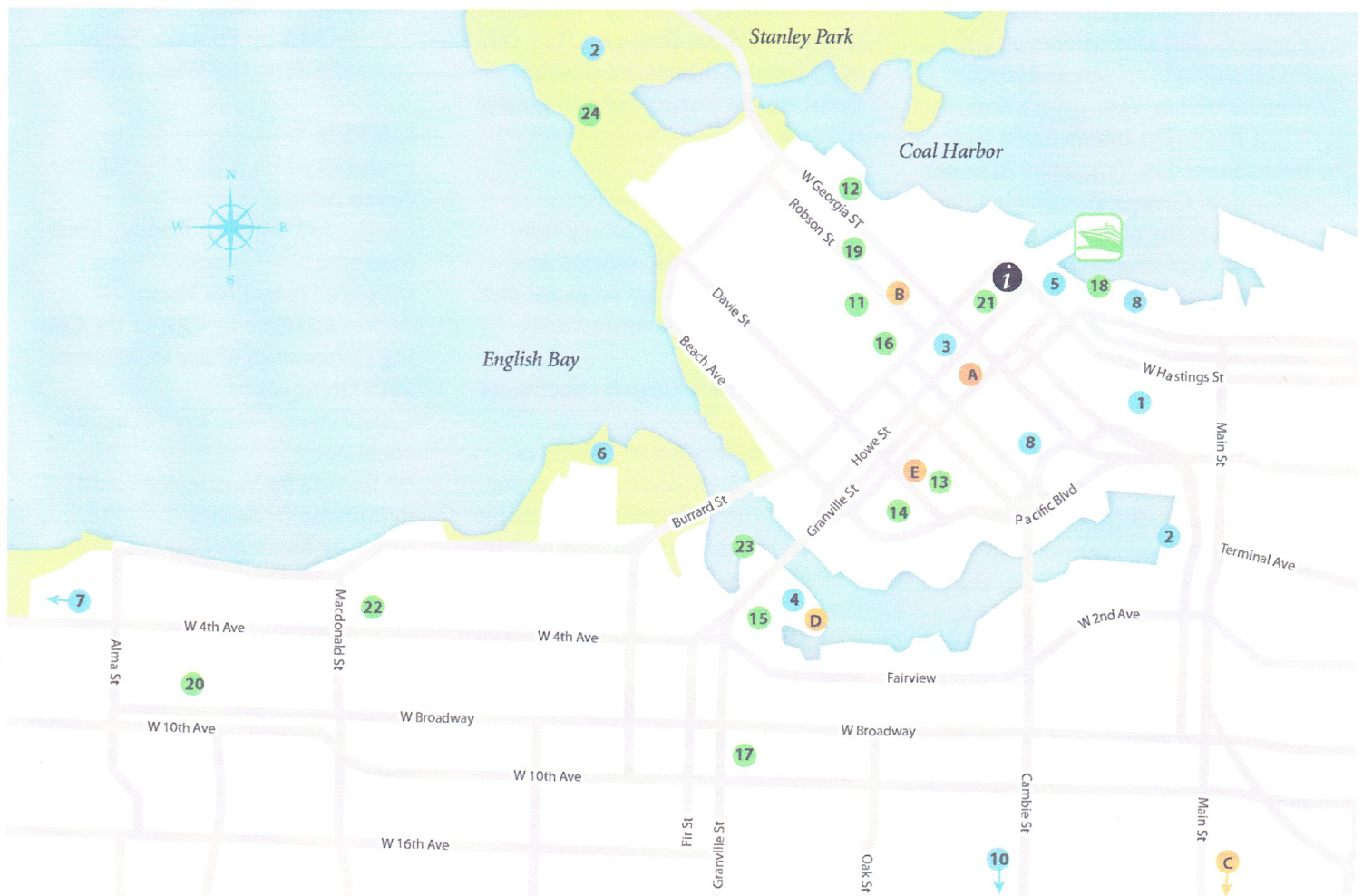
Grouse Mountain SkyRide takes passengers 3,700 ft. above sea level to the famous mountain views of British Columbia.

🚶 Our award winning shore excursions provide convenient access to these sights. See the Shore Excursions order form for a description of offerings, or ask your Shore Excursions Manager.

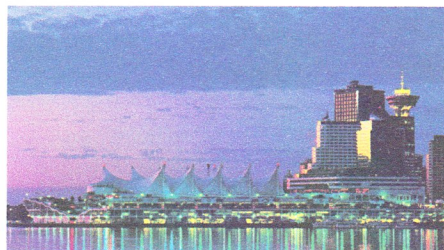
SHOP

Vancouver is a cosmopolitan city that offers a wide array of shopping. High fashion boutiques, international markets, and extensive malls abound in city made for shoppers.

- A **Pacific Center Mall** (downtown) above ground and underground, has everything anyone could need.
- B **Robson** Wonderful urban shopping area.



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- C** **Antique Row** The place to go for antiques in Vancouver.
- D** **Granville Island** Public markets with foods and works from local artists.
- E** **Yaletown** Trendy clothing and designer furniture stores can be found here.

FROM YOUR TRAVEL GUIDE

Vancouver is a young city that makes up for its relative lack of history with a spectacular landscape. The city was founded in the late 1800s by British settlers as a small lumbering village. Originally named after the first man to realize the need for a bar to serve thirsty lumber mill workers, Gassy Jack provided a barrel of booze for the men who managed to build him a saloon in a day! His name has now been transferred to Gastown, a redeveloped area where you will find fashionable shops and restaurants as well as Vancouver's famous street clock. The town's name was later changed to Vancouver in honor of Captain George Vancouver who sailed on many of Cook's expeditions and later explored and chartered the Vancouver area after the British took possession of the region. The 20th century brought immigration from other parts of North America, Europe, and the rest of the world creating the eclectic feel of modern Vancouver. As you sail underneath the Lion's Gate Bridge and enter the Burrard Inlet, one cannot help but feel the majesty of the city. At the end of Lion's Gate is Stanley Park, the epitome of Vancouver's ability to incorporate urban designs into a natural setting. Docking at Canada Place, which served as the Canadian Pavilion for the 1986 Expo World's Fair, is popular tourist destination in and of itself.

ESSENTIALS

Currency: Canadian Dollar. US Dollar also widely accepted.

Transportation: Translink operates an integrated system of buses, rapid transit (SkyTrain) and passenger ferries (Sea Bus).

Local Police: (604)717-3349.

Port Agent: King Bros. Limited, Suite 401-1208 Wharf Street 577, Victoria, V8W 3B9 Canada

FBI Office: (613)238-5335. 490 Sussex Drive Ottawa, Ontario K2P 2N2 Canada.

Consulates of the United States: (604)685-4311. 1095 West Pender Street, Vancouver British, Columbia V6E 2M6 Canada

Visitor Information: Vancouver Information Center located 2 blocks from Canada Place. Staffed by volunteers passionate about their city, they can supply maps, directions, reservations, etc. for Vancouver and greater BC area.

EAT

- 11** **Urban Fare** Organic grocery store with fresh salads and sandwiches; great place to stock up on picnic fare.
- 12** **White Spot** A BC favorite for 80 years.
- 13** **Blue Water Café** Largest selection of oysters.
- 14** **Simply Thai Restaurant** Watch as chefs cook your food in front of you.
- 15** **Granville Island Brewing** Microbrewery that offers tours and beer tastings.
- 16** **Japadog** Hot Dogs with Japanese flare, a celebrity favorite.
- 17** **Vij's** Authentic Indian with a modern spin.
- 18** **131 Water Street** Watch the world go by with outside seating and large selection of microbrews.
- 19** **Hon'ies Wun-Tun House** Chinese with extensive 300-item menu.

- 20** **Eatery** Japanese with funky atmosphere.
- 21** **Cactus Club Café** Home to one of the North American Iron Chefs, varied menu and gorgeous patio, very chic, great for brunch.
- 22** **Naam** Vegetarian diner with live music.
- 23** **Bridges** One of the best patios; serves classic dishes such as chowder, fish and chips and thin-crust pizzas.
- 24** **Fish House in Stanley Park** A fancy restaurant with a double patio that serves some of the best seafood in the city.

READ

Our librarian recommends the following books about Vancouver, or by local authors:

Flat by Mark MacDonald

Stanley Park by Timothy Taylor

The Jade Peony by Wayson Choy

LISTEN

Everything I Do (I Do It For You) by Bryan Adams

Suspended Waltz by Rodney Sharman

Let Love Fly by Elva Hsiao

Strong and Free by Cast of the Closing Ceremonies of the Vancouver 2010 Olympics

I Just Haven't Met You Yet by Michael Buble

Oh Canada by Vancouver Youth Symphony Orchestra

Angel by Sarah McLachlan

Bad Day by Daniel Powter

Friends Do by Cory Lee

These Three Words by Elise Estrada

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Night Life

Evenings on board glitter with choices. Take in a show on stage, dance to the music of your favorite band, enjoy a martini flight. Stay up late singing along in the piano bar.

At night, the lounge comes alive with dynamic concerts and exciting musical productions. Among the featured performances this cruise:

Northern Lights

Let's celebrate the beauty and grandeur that is Alaska, from the Glaciers to the Mountains to the beautiful Northern Lights.

Rockin' Roadhouse

Welcome to Alaska's Favorite Roadhouse to meet Christopher the owner for a fun high energy show of toe tapping and hand clapping.

Guest Entertainers:

Tricia Kelly
Jeff Peterson and
Indy

Showroom at Sea

BARS & LOUNGES



Adagio, our violin and piano duo, performs popular classical music in this sophisticated lounge. Relax and enjoy the music and handcrafted drinks.



Relax with the best views on the ship. For the young and young at heart, Show Host David gets the party started and keeps it going into the night in the Crow's Nest




Three distinct bars serve up an array of different martinis, a wide selection of champagne and beer from around the world with our solo guitarist Don providing the early evening soundtrack & our piano bar entertainer Jeremy continues until close.

oceanbar

It's cocktails and dancing as the Neptunes play the Great American Songbook from 6:30pm – 11:30pm.

Drinks and Tastings

Signature cocktails are available at all bars and lounges, along with wine packages and beverage cards. See the On Location Guide for exclusive tastings and other fun events.



As You Wish Dining

You choose where, when and with whom you dine from among our many restaurant choices. Or you may choose to dine in with our complimentary in-room dining. For reservations dial 88 on your phone.

RESTAURANTS



Refined & wondrous, romantic and intimate, the Pinnacle of exceptional dining featuring aged sterling silver beef and premium seafood.

Lunch \$10 | Dinner \$25 ☎



Classic Italian fare featuring seafood, grilled meats and pasta in a relaxed setting.

Dinner \$10 ☎



This gracious setting features table service for breakfast, lunch and dinner. Dinners offer the option of fixed seating times (noted on your stateroom key card) or open seating for those who wish to be more spontaneous. ☎



Relaxed dining featuring a variety of cooked-to-order selections.

SPECIAL EVENTS

An Evening at Le Cirque

Join us for the unique taste of Sirio Maccioni's celebrated New York restaurant at sea. In the Pinnacle Grill, one evening this cruise.

Dinner \$39 | Dinner with wine pairing \$59 ☎

Make reservations directly with your server or dial 88

☎ Reservations recommended

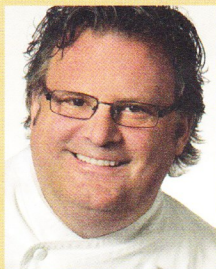
Dining times will change daily, consult your Daily Explorer for restaurant dining times.



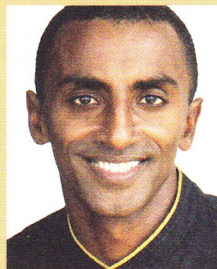
◀ **Rudi Sodamin**
Master Chef and Culinary Consultant



Jonnie Boer



David Burke



Marcus Samuelsson



Jacques Torres



Charlie Trotter