


Lunch




STARTERS

 **Fruit Cup au Naturel**
pineapple, mango, cantaloupe, honeydew, seasonal berry garnish

Grilled Lamb Kebabs
tzatziki sauce

Hot and Sour Shrimp Soup
shiitake mushroom, celery, garlic, tamarind, mirin, lime, chili

 **Belgian Endive and Romaine**
button mushrooms, cucumber, chopped pecans

make it your main with grilled chicken or salmon

MAINS

Orecchiette with Crab
onion, garlic, tomato, white wine, extra virgin olive oil, crisp pancetta, arugula

Grilled Tuna Melt
Cheddar cheese, rye bread, sweet carrot slaw, French fries

Avocado and Bacon Burger *
French fries, coleslaw

Swai Tempura
pineapple soy sauce, stir-fried broccoli, bean sprouts, sesame soba noodles

Beef Stroganoff
red wine mushroom sauce, rice timbale, green beans

 **Barbecue Tofu and Creamy Grits**
Swiss chard, toasted pine nuts

EXPRESS COMBO


select up to two options below

Fruit Cup au Naturel
Grilled Lamb Kebabs
Belgian Endive and Romaine
Hot and Sour Shrimp Soup
Half-Grilled Tuna Melt
Mini Avocado and Bacon Burger *

SWEETS

Lemon Meringue Pie
whipped cream, strawberry sauce

Spiced Honey Cake
orange compote

 **Fresh Strawberry Tart no sugar added**
whipped cream

Pineapple Sundae
French vanilla ice cream, pineapple chunks, chocolate sauce, whipped cream

Ice Cream
Vanilla • Chocolate Chip Cookie Dough
Raspberry Sherbet • Blueberry Frozen Yogurt

 Vanilla •  Neapolitan

* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions.





VEGETARIAN



NO SUGAR ADDED

Lido Market Lunch

NEW YORK PIZZA

Wall Street * Bronx Central Park 
Grand Central  Tribeca Elizabeth Faulkner Pizza

DISTANT LAND - ITALIAN

Baked Ziti
Orecchiette with Crab
Create Your Own Pasta
Pomodoro, Bolognese, Alfredo

DISTANT LAND - ASIAN

A Taste of India
Tandoori Chicken, Lamb Rogan Josh
Rice Pulao, Papadam
Sushi * Tropical Fruit Salad

WILD HARVEST

SIGNATURE SALAD
Chop Chop
mixed greens, turkey, ranch dressing, BBQ Sauce
Caesar
romaine, chicken, parmesan cheese
Cob
romaine, frisee, dice chicken, ham and egg, blue cheese dressing
Asian *
mixed greens, spinach, tuna, sesame dressing, rice noodles

BREAD BOARD

Ciabatta Torpedo
plain ciabatta with butter, lettuce and prosciutto
Italian Sub
Egg Salad
celery, scallion, mayonnaise, spinach, whole grain bread
Turkey Club
Bacon, Lettuce, Tomato, Mayonnaise, Sour Dough Bread
HAL Stuffed Super Deli
Whole-wheat baguette, ranch dressing, mustard, lettuce,
cabbage, roast beef, turkey, Swiss cheese, pastrami, dill
pickle, tomato chutney

CARVERY
Spiced Lamb Shoulder*
garlic-rosemary jus

CARVERY SANDWICH
Dry Rubbed Beef Brisket *

HOMESTEAD

MAINS
Jerk Spice Roasted Chicken
Swal Tempura, Sesame Soba Noodles *
Beef Stroganoff
Barbecue Tofu and Creamy Grits

SIDES
Hot and Sour Shrimp Soup
Home-Style Smashed Potatoes
Caramelized Onion and Mozzarella Baked Potato
Wild Rice
Zucchini with Thyme and Garlic
Grilled Asparagus

SWEET SPOT

Lemon Meringue Pie
Strawberry-Kiwi Pastry Slice
Riesling Poached Pear
Cherry cheesecake
Pistachio Cream Puff
Mocha Peppermint Cupcake
Vanilla Egg Custard no sugar added
Yogurt Wildberry Mousse no sugar added

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APPETIZERS

PAPAYA WITH A RAINBOW OF FRUIT

banana liqueur, coconut shavings

JUMBO SHRIMP COCKTAIL

Brandy cocktail sauce

*** FOIE GRAS WITH APPLE TARTE TATIN**

cassis reduction

SOUPS AND SALAD

ROASTED PARSNIP SOUP

crispy kale, pumpkin seed oil

CHICKEN AND ORZO

greens, root vegetables, lemon

APPLE, PEAR AND CUCUMBER SALAD

frisée, dried cherries, Blue cheese crouton

ENTRÉES

* SURF AND TURF

filet mignon, lobster tail, herb garlic butter, porcini basmati rice, sautéed vegetables

* BASIL CRUSTED VEAL RACK WITH MORELS

loaded mashed potatoes, zucchini pearls

ASIAN-STYLE ROTISSERIE DUCK

sweet-and-sour sauce, sesame stir-fried vegetables, fried egg noodles

MUSHROOM RAVIOLI

garlic-cream sauce , forest mushrooms, tomato concassé

* PAN-SEARED SEA BASS

parsnip purée, arugula oil, roasted Italian vegetables

PISTACHIO AND CHEESE-CRUSTED EGGPLANT PICCATA

Israeli couscous, garlic-tomato ragoût

DESSERTS

WARM FLOURLESS CHOCOLATE CAKE

molten chocolate center, whipped cream, assortment of berries

ALMOND AND ORANGE CAKE

poppy seeds, cream cheese frosting

PASSION FRUIT CHEESECAKE

Oreo crust, citrus segments

TIRAMISU NO SUGAR ADDED

mascarpone cream, coffee and Kahlúa-soaked sponge cake

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Lido Market Lobster Baked Dinner

BREAD BOARD	CARVERY SPECIAL Baked Pork Belly apple cider-pear-raisin chutney
	CARVERY SANDWICH Roast Leg Lamb au Jus
CENTRAL MARKET	Shrimp Cocktail Brandy Cocktail Sauce Papaya and Berries
WILD HARVEST	SIGNATURE SALAD Chop Chop mixed greens, turkey, ranch dressing, BBQ Sauce Caesar romaine, chicken, parmesan cheese Cob romaine, frisee, dice chicken, ham and egg, blue cheese dressing Asian * mixed greens, spinach, tuna, sesame dressing, rice noodles
DISTANT LAND – ITALIAN	Mushroom Ravioli Speedy Baked Ziti Create Your Own Pasta Pomodoro, Bolognese, Alfredo
HOMESTEAD	MAINS Fried Chicken jus-New York Steak Whipped Garlic Butter * Surf and Turf -Broiled Filet Mignon Baked Lobster Tail* Grilled Veal Chop with Mushroom Sauce * Broiled Sea Bass Fillet with Garlic Shrimps, Arugula Oil * Pistachio and Cheese-Crusted Eggplant Piccata
	SIDES Roasted Parsnip Soup Chicken and Orzo Soup Italian Roasted Vegetables Mixed Vegetables Loaded Mashed Potato Israeli Couscous Porcini Mushroom Rice
SWEET SPOT	Passion Fruit Cheesecake Orange Almond Cake Tiramisu no sugar added Artisan Cheese Plate Ice Cream Sundae

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