


# Lunch




## STARTERS

 **Fruit Cup au Naturel**  
pineapple, mango, cantaloupe, honeydew, seasonal berry garnish

**Grilled Lamb Kebabs**  
tzatziki sauce

**Hot and Sour Shrimp Soup**  
shiitake mushroom, celery, garlic, tamarind, mirin, lime, chili

 **Belgian Endive and Romaine**  
button mushrooms, cucumber, chopped pecans

*make it your main with grilled chicken or salmon*

## MAINS

**Orecchiette with Crab**  
onion, garlic, tomato, white wine, extra virgin olive oil, crisp pancetta, arugula

**Grilled Tuna Melt**  
Cheddar cheese, rye bread, sweet carrot slaw, French fries

**Avocado and Bacon Burger \***  
French fries, coleslaw

**Swai Tempura**  
pineapple soy sauce, stir-fried broccoli, bean sprouts, sesame soba noodles

**Beef Stroganoff**  
red wine mushroom sauce, rice timbale, green beans

 **Barbecue Tofu and Creamy Grits**  
Swiss chard, toasted pine nuts

## EXPRESS COMBO


select up to two options below

Fruit Cup au Naturel  
Grilled Lamb Kebabs  
Belgian Endive and Romaine  
Hot and Sour Shrimp Soup  
Half-Grilled Tuna Melt  
Mini Avocado and Bacon Burger \*

## SWEETS

**Lemon Meringue Pie**  
whipped cream, strawberry sauce

**Spiced Honey Cake**  
orange compote

 **Fresh Strawberry Tart no sugar added**  
whipped cream

**Pineapple Sundae**  
French vanilla ice cream, pineapple chunks, chocolate sauce, whipped cream

**Ice Cream**  
Vanilla • Chocolate Chip Cookie Dough  
Raspberry Sherbet • Blueberry Frozen Yogurt

 Vanilla •  Neapolitan

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VEGETARIAN



NO SUGAR ADDED

# Lido Market Lunch

## NEW YORK PIZZA

Wall Street \* Bronx Central Park   
Grand Central  Tribeca Elizabeth Faulkner Pizza

## DISTANT LAND - ITALIAN

Baked Rigatoni  
Orecchiette with Crab  
Create Your Own Pasta  
Pomodoro, Bolognese, Alfredo

## DISTANT LAND - ASIAN

A Taste of India  
Tandoori Chicken, Lamb Rogan Josh  
Rice Pulao, Papadam  
Sushi \* Tropical Fruit Salad

## WILD HARVEST

**SIGNATURE SALAD**  
**Chop Chop**  
mixed greens, turkey, ranch dressing, BBQ Sauce  
**Caesar**  
romaine, chicken, parmesan cheese  
**Cob**  
romaine, frisee, dice chicken, ham and egg, blue cheese dressing  
**Asian \***  
mixed greens, spinach, tuna, sesame dressing, rice noodles

## BREAD BOARD

**Ciabatta Torpedo**  
plain ciabatta with butter, lettuce and Swiss cheese  
**Padstow**  
Shrimps and crab salad  
**E.A.T. C.O.B.B**  
Hard boiled egg, Avocado, Tomato, Chicken Onion, Bacon, Blue cheese, Lettuce, Rustic Bread  
**Grilled Pear and Brie**  
Arugula, Raspberry-Balsamic, Sour dough Bread  
**Spicy Chicken Bahn mi**  
Sriracha mayonnaise, lettuce, house-made potato chips

**CARVERY**  
**Spiced Lamb Shoulder\***  
garlic-rosemary jus

**CARVERY SANDWICH**  
Roasted Strip Loin \*

## HOMESTEAD

**MAINS**  
Jerk Spice Roasted Chicken  
Swai Tempura with Soy-Glaze\*  
Beef Stroganoff, Red Wine Mushroom Sauce  
Barbecue Tofu and Creamy Grits

**SIDES**  
Spiced Chicken and Okra Gumbo  
Home-Style Smashed Potatoes  
Caramelized Onion and Mozzarella Baked Potato  
Wild Rice Mix  
Zucchini with Thyme and Garlic  
Grilled Asparagus

## SWEET SPOT

Lemon Meringue Pie  
Strawberry-Kiwi Pastry Slice  
Riesling Poached Pear  
Cherry cheesecake  
Pistachio Cream Puff  
Mocha Peppermint Cupcake  
Vanilla Egg Custard no sugar added  
Yogurt Wildberry Mousse no sugar added

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## **APPETIZERS**

### **PAPAYA WITH A RAINBOW OF FRUIT**

banana liqueur, coconut shavings

### **JUMBO SHRIMP COCKTAIL**

Brandy cocktail sauce

### **\* FOIE GRAS WITH APPLE TARTE TATIN**

cassis reduction

## **SOUPS AND SALAD**

### **ROASTED PARSNIP SOUP**

crispy kale, pumpkin seed oil

### **CHICKEN AND ORZO**

greens, root vegetables, lemon

### **APPLE, PEAR AND CUCUMBER SALAD**

frisée, dried cherries, Blue cheese crouton

## ENTRÉES

### \* SURF AND TURF

filet mignon, lobster tail, herb garlic butter, porcini basmati rice, sautéed vegetables

### \* BASIL CRUSTED VEAL RACK WITH MORELS

loaded mashed potatoes, zucchini pearls

### ASIAN-STYLE ROTISSERIE DUCK

sweet-and-sour sauce, sesame stir-fried vegetables, fried egg noodles

### MUSHROOM RAVIOLI

garlic-cream sauce , forest mushrooms, tomato concassé

### \* PAN-SEARED SEA BASS

parsnip purée, arugula oil, roasted Italian vegetables

### PISTACHIO AND CHEESE-CRUSTED EGGPLANT PICCATA

Israeli couscous, garlic-tomato ragoût

## DESSERTS

### WARM FLOURLESS CHOCOLATE CAKE

molten chocolate center, whipped cream, assortment of berries

### ALMOND AND ORANGE CAKE

poppy seeds, cream cheese frosting

### PASSION FRUIT CHEESECAKE

Oreo crust, citrus segments

### TIRAMISU NO SUGAR ADDED

mascarpone cream, coffee and Kahlúa-soaked sponge cake

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# Lido Market Lobster Baked Dinner

<b>BREAD BOARD</b>	<b>CARVERY SPECIAL</b> Roasted Strip Loin * horseradish
	<b>CARVERY SANDWICH</b> Roast Leg Lamb au Jus
<b>CENTRAL</b>	Shrimp Cocktail Brandy Cocktail Sauce Papaya and Berries
<b>WILD HARVEST</b>	<b>SIGNATURE SALAD</b> <b>Chop Chop</b> mixed greens, turkey, ranch dressing, BBQ Sauce <b>Caesar</b> romaine, chicken, parmesan cheese <b>Cob</b> romaine, frisee, dice chicken, ham and egg, blue cheese dressing <b>Asian *</b> mixed greens, spinach, tuna, sesame dressing, rice noodles
<b>DISTANT LAND – ITALIAN</b>	<b>Mushroom Ravioli</b> <b>White Lasagna Cup Cakes</b> <b>Create Your Own Pasta</b> Pomodoro, Bolognese, Alfredo
<b>HOMESTEAD</b>	<b>MAINS</b> Fried Chicken jus-New York Steak Whipped Garlic Butter * Surf and Turf -Broiled Filet Mignon Baked Lobster Tail* Grilled Veal Chop with Mushroom Sauce Broiled Sea Bass Fillet with Garlic Shrimps, Arugula Oil * Pistachio and Cheese-Crusted Eggplant Piccata
	<b>SIDES</b> Roasted Parsnip Soup Chicken and Orzo Soup Italian Roasted Vegetables Mixed Vegetables Loaded Mashed Potato French Fries Israeli Couscous Porcini Mushroom Rice
<b>SWEET SPOT</b>	Passion Fruit Cheesecake Orange Almond Cake Tiramisu no sugar added Artisan Cheese Plate Ice Cream Sundae

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# Lido Market Dinner

## BREAD BOARD

### CARVERY SPECIAL

Roasted Strip Loin \*

horseradish

### CARVERY SANDWICH

Beef Strip Loin Club \*

lettuce, tomato, red onion, applewood bacon, sharp cheddar, horseradish mayo, French baguette

## WILD HARVEST

### SIGNATURE SALAD

Chop Chop

Caesar

Cob

Asian \*

## DISTANT LAND – ITALIAN

Mushroom Ravioli

Baked Pasta

Create Your Own Pasta

Pomodoro, Bolognese, Alfredo

## HOMESTEAD

### MAINS

Fried Chicken

Surf and Turf \*

Basil Crusted Veal Rack with Morels \*

New York Steak Garlic Butter\*

Pistachio and Cheese-Crusted Eggplant Piccata

### SIDES

Roasted Parsnip Soup

Chicken and Orzo Soup

Caramelized Onion and Bacon Baked Potato

Roasted Potatoes and Parsnip

San Francisco-style Rice

Parsnip Puree

Braised Swiss Chard

## SWEET SPOT

Pear Frangipane Tart

Kiwi and Passion Fruit Pavlova

Almond Fruit Cake no sugar added

Cheese and Fruit

Ice Cream Sundae

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