



Lunch




STARTERS

-  **Citrus Delight with Amaretto** ^
oranges, pineapple, grapefruit, cranberry apple vinaigrette
-  **Spinach and Artichoke Dip** ^
cream cheese, Parmesan cheese, celery, spinach, artichoke, focaccia bread sticks
- Chicken and Swiss Chard Soup**
butternut squash, garlic, thyme, toasted coconut
- Smoked Salmon, Pear and Fennel Salad** *
red onion, raisins, chive

make it your main with grilled chicken or salmon

MAINS




- Farfalle Affumicato**
bow tie pasta, smoked salmon, rosé-cream sauce
- Grilled Reuben on Rye**
potato chips, dill pickle spear
- Mushroom Fontina Burger** *
lettuce, tomato, pickle, red onion, Dijon mustard, French fries
- Cilantro and Mint Crusted Tilapia**
warm cabbage slaw, dipping sauce
- Swiss Steak**
mashed potatoes, root vegetables, red wine sauce
-  **Corn and Zucchini Pancakes**
Southwest-style couscous salad

EXPRESS COMBO

select up to two options below

- Citrus Delight with Amaretto ^
- Spinach and Artichoke Dip ^
- Smoked Salmon, Pear and Fennel Salad *
- Chicken and Swiss Chard Soup
- Half-Grilled Reuben on Rye
- Mini Mushroom Fontina Burger *

SWEETS

- Apple Pie**
raisins, vanilla sauce
- Carrot Cake**
raisins, walnuts, pineapple, cream cheese icing
-  **Vanilla Napoleon no sugar added**
vanilla-flavored pastry cream
- Lychee Sundae**
coconut ice cream, mango sauce, whipped cream, toasted coconut
- Ice Cream**
Vanilla • Red Cactus Pear
Rainbow Sherbet • Coffee Frozen Yogurt
-  Vanilla •  Chocolate

* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions.



VEGETARIAN



NO SUGAR ADDED

Lido Market Lunch

NEW YORK PIZZA

Wall Street * Bronx Central Park 
Grand Central  Tribeca Elizabeth Faulkner Pizza

DISTANT LAND - ITALIAN

Baked Orecchiete
Farfalle Affumicato
Create Your Own Pasta
Marinara, Bolognese, Alfredo

DISTANT LAND - ASIAN

A Taste of **Indonesia**
Gado Gado Salad, Bami Goreng
Beef Sumatra, Beef Sate
Sushi * Tropical Fruit Salad

WILD HARVEST

SIGNATURE SALAD
Chop Chop
mixed greens, turkey, ranch dressing, BBQ Sauce
Caesar
romaine, chicken, parmesan cheese
Cob
romaine, frisee, dice chicken, ham and egg, blue cheese dressing
Asian *
mixed greens, spinach, tuna, sesame dressing, rice noodles

BREAD BOARD

Ciabatta Torpedo
plain baguette with butter, lettuce and Ham
The High Nooner
egg salad, bacon, French baguette torpedo
Tuna Salad
tomato, lettuce, cheddar cheese, rustic bread
Ham and Cheese
black forest ham, brie, arugula, pesto mayonnaise, sour dough bread
Roasted Portabella Focaccia
bell peppers, arugula, goat cheese, balsamic aioli, olive focaccia

CARVERY
Roasted Turkey
cranberry sauce

CARVERY SANDWICH
Leg of Lamb au jus

HOMESTEAD

MAINS
Garlic Lemon Roasted Chicken
Cilantro and Mint Crusted Tilapia, Thai Chili Sauce *
Swiss Steak, Red Wine Sauce *
Corn and Zucchini Pancakes

SIDES
Chicken and Swiss Chard Soup
Herb-Roasted Potato Wedges
Veggie Chili Baked Potato
Steamed White Rice
Green Peas and Carrots
Braised Red Cabbage

SWEET SPOT

Apple Pie
Strawberry-Rhubarb tartlet
Coconut Flan
New York-Style Cheesecake
Pineapple-Cherry Cream Puff
Banana Cupcake
Almond Fruit Cake no sugar added
Lemon Mousse no sugar added

* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions

APPETIZERS

HONEY PINEAPPLE

toasted coconut, strawberries

ORANGE-JUMBO SHRIMP COCKTAIL

melon trio skewer, Cilantro lemon grass aioli

ESCARGOTS BOURGUIGNON

herb garlic butter, Burgundy wine, French bread

SOUPS AND SALAD

CREAMED ARTICHOKE AND HERITAGE CARROT SOUP

arugula pesto oil, crème fraîche

CHICKEN WITH SOBA NOODLES

soy sauce, shiitake mushrooms, scallions, carrot, leek

SALAD OF ARUGULA AND FRISÉE

William pear, mandarin segments, pistachios, cherry tomatoes, organic mixed seeds

ENTRÉES

* CRACKED PEPPER TENDERLOIN WITH GRILLED SHRIMP

sautéed spinach, green beans, caramelized pineapple, balsamic reduction

* RACK OF LAMB WITH TOMATO COUSCOUS AND GARLIC PEARLS

roasted red bell pepper, sautéed artichoke

* MAPLE-LACQUERED DUCK BREAST

corn-cranberry pudding, candied figs, braised Swiss chard, cider vinegar sauce

* YELLOWFIN SOLE FILLET

smashed potato crab galette, sauce vierge, haricots verts

BAKED RICOTTA STUFFED SHELLS

garlic-basil-tomato sauce, mozzarella and Parmesan cheeses

TRUFFLED MUSHROOM RISOTTO

Parmesan and mascarpone cheeses

* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions.

DESSERTS

CHOCOLATE SOUFFLÉ

warm dark chocolate sauce

BALSAMIC STRAWBERRIES

white chocolate mousse

LEMON MERINGUE CHEESECAKE

blueberry cheese, crush amaretti

BLACK FOREST CAKE NO SUGAR ADDED

chocolate cake, Kirschwasser-flavored cream, Bing cherries, chocolate shavings

CHERRY CRISP

vanilla ice cream

CRÈME BRULEE

Grand Marnier custard, caramelized sugar

BANANA FOSTER SUNDAE

vanilla ice cream, caramel-rum sauce

Lido Market Land n 'Sea Dinner

BREAD BOARD

CARVERY SPECIAL

Roast Pork Leg

apple sauce

CARVERY SANDWICH

Roasted Turkey

WILD HARVEST

SIGNATURE SALAD

Chop Chop

mixed greens, turkey, ranch dressing, BBQ Sauce

Caesar

romaine, chicken, parmesan cheese

Cob

romaine, frisee, dice chicken, ham and egg, blue cheese dressing

Asian *

mixed greens, spinach, tuna, sesame dressing, rice noodles

DISTANT LAND - ITALIAN

Baked Ricotta Stuffed Shells

Orecchiete With Artichoke , Mushrooms And Lemon

Create Your Own Pasta

Pomodoro, Bolognese, Alfredo

CENTRAL MARKET

Shrimp Orange Cilantro Aioli

Honey Pineapple

HOMESTEAD

MAINS

New York Steak Garlic Butter - Fried Chicken jus

Land N' Sea - Broiled Filet Mignon, Shrimp Scampi *

Rosemary Garlic Lamb Chops *

Sautéed Sole Fillet Sauce Verge *

Lobster Macaroni Cheese

Truffled Mushroom Risotto

SIDES

Creamed Artichoke and Heritage Carrot Soup

Chicken with Soba Noodles

Mashed Potatoes

French Fries

Tomato Couscous

Steamed Jasmine Rice

Sautéed Spinach

Green Beans

SWEET SPOT

Lemon Meringue Cheesecake

Balsamic Strawberries

Black Forest Cake no sugar added

Artisan Cheese Plate

Ice Cream Sundae

* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions