



# Lunch




## STARTERS

-  **Citrus Delight with Amaretto** ^  
oranges, pineapple, grapefruit, cranberry apple vinaigrette
-  **Spinach and Artichoke Dip** ^  
cream cheese, Parmesan cheese, celery, spinach, artichoke, focaccia bread sticks
- Chicken and Swiss Chard Soup**  
butternut squash, garlic, thyme, toasted coconut
- Smoked Salmon, Pear and Fennel Salad** \*  
red onion, raisins, chive

*make it your main with grilled chicken or salmon*

## MAINS




- Farfalle Affumicato**  
bow tie pasta, smoked salmon, rosé-cream sauce
- Grilled Reuben on Rye**  
potato chips, dill pickle spear
- Mushroom Fontina Burger** \*  
lettuce, tomato, pickle, red onion, Dijon mustard, French fries
- Cilantro and Mint Crusted Tilapia** \*  
warm cabbage slaw, dipping sauce
- Swiss Steak**  
mashed potatoes, root vegetables, red wine sauce
-  **Corn and Zucchini Pancakes**  
Southwest-style couscous salad

## EXPRESS COMBO

select up to two options below

- Citrus Delight with Amaretto ^
- Spinach and Artichoke Dip ^
- Smoked Salmon, Pear and Fennel Salad \*
- Chicken and Swiss Chard Soup
- Half-Grilled Reuben on Rye
- Mini Mushroom Fontina Burger \*

## SWEETS

- Apple Pie**  
raisins, vanilla sauce
- Carrot Cake**  
raisins, walnuts, pineapple, cream cheese icing
-  **Vanilla Napoleon no sugar added**  
vanilla-flavored pastry cream
- Lychee Sundae**  
coconut ice cream, mango sauce, whipped cream, toasted coconut
- Ice Cream**  
Vanilla • Red Cactus Pear  
Rainbow Sherbet • Coffee Frozen Yogurt
-  Vanilla •  Chocolate

\* The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions.



VEGETARIAN



NO SUGAR ADDED

# Lido Market Lunch

## NEW YORK PIZZA

Wall Street \* Bronx Central Park   
Grand Central  Tribeca Elizabeth Faulkner Pizza

## DISTANT LAND - ITALIAN

Baked Ziti  
Farfalle Affumicato  
Create Your Own Pasta  
Marinara, Bolognese, Alfredo

## DISTANT LAND - ASIAN

A Taste of Japan  
Miso Soup, Chicken Yakitori  
Fish Fillet Ponzu, Beef Sukiyaki  
Sushi \* Tropical Fruit Salad

## WILD HARVEST

**SIGNATURE SALAD**  
**Chop Chop**  
mixed greens, turkey, ranch dressing, BBQ Sauce  
**Caesar**  
romaine, chicken, parmesan cheese  
**Cob**  
romaine, frisee, dice chicken, ham and egg, blue cheese dressing  
**Asian \***  
mixed greens, spinach, tuna, sesame dressing, rice noodles

## BREAD BOARD

**Plain Baguette**  
With butter, lettuce and prosciutto  
**Italian Sub**  
**Egg Salad**  
celery, scallion, mayonnaise, spinach, whole grain bread  
**Turkey Club**  
Bacon, Lettuce, Tomato, Mayonnaise, Sour Dough Bread  
**HAL Stuffed Super Deli**  
Whole-wheat baguette, ranch dressing, mustard, lettuce, cabbage, roast beef, turkey, Swiss cheese, pastrami, dill pickle, tomato chutney

**CARVERY**  
**Leg of Lamb au jus**  
mint jelly and lamb gravy

**CARVERY SANDWICH**  
Dry Rubbed Beef Brisket \*

## HOMESTEAD

**MAINS**  
Garlic Lemon Roasted Chicken  
Cilantro and Mint Crusted Tilapia with Dipping Sauce\*  
Swiss Steak, Red Wine Sauce  
Corn and Zucchini Pancakes

**SIDES**  
Chicken and Swiss Chard Soup  
Herb-Roasted Potato Wedges  
Veggie Chili Baked Potato  
Steamed White Rice  
Green Peas and Carrots

## SWEET SPOT

Braised Red Cabbage  
Apple Pie, Papaya-Mandarin Pastry Slice  
Crème Caramel, New York-Style Cheesecake  
Pecan-Maple Cream Puff  
Chocolate-Salted Caramel Cupcake  
Vanilla Napoleon no sugar added  
Mango Mousse no sugar added

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## **APPETIZERS**

### **HONEY PINEAPPLE**

toasted coconut, strawberries

### **ORANGE-JUMBO SHRIMP COCKTAIL**

melon trio skewer, Cilantro lemon grass aioli

### **ESCARGOTS BOURGUIGNON**

herb garlic butter, Burgundy wine, French bread

## **SOUPS AND SALAD**

### **CREAMED ARTICHOKE AND HERITAGE CARROT SOUP**

arugula pesto oil, crème fraîche

### **CHICKEN WITH SOBA NOODLES**

soy sauce, shiitake mushrooms, scallions, carrot, leek

### **SALAD OF ARUGULA AND FRISÉE**

William pear, mandarin segments, pistachios, cherry tomatoes, organic mixed seeds

## ENTRÉES

### \* CRACKED PEPPER TENDERLOIN WITH GRILLED SHRIMP

sautéed spinach, green beans, caramelized pineapple, balsamic reduction

### \* RACK OF LAMB WITH TOMATO COUSCOUS AND GARLIC PEARLS

roasted red bell pepper, sautéed artichoke

### \* MAPLE-LACQUERED DUCK BREAST

corn-cranberry pudding, candied figs, braised Swiss chard, cider vinegar sauce

### \* YELLOWFIN SOLE FILLET

smashed potato crab galette, sauce vierge, haricots verts

### BAKED RICOTTA STUFFED SHELLS

garlic-basil-tomato sauce, mozzarella and Parmesan cheeses

### TRUFFLED MUSHROOM RISOTTO

Parmesan and mascarpone cheeses

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## DESSERTS

### CHOCOLATE SOUFFLÉ

warm dark chocolate sauce

### BALSAMIC STRAWBERRIES

white chocolate mousse

### LEMON MERINGUE CHEESECAKE

blueberry cheese, crush amaretti

### BLACK FOREST CAKE NO SUGAR ADDED

chocolate cake, Kirschwasser-flavored cream, Bing cherries, chocolate shavings

### CHERRY CRISP

vanilla ice cream

### CRÈME BRULÉE

Grand Marnier custard, caramelized sugar

### BANANA FOSTER SUNDAE

vanilla ice cream, caramel-rum sauce

# Lido Market Land n 'Sea Dinner

## BREAD BOARD

### CARVERY SPECIAL

Dry Rubbed Beef Brisket \*

bbq sauce

### CARVERY SANDWICH

Roasted Leg Pork Apple sauce

## WILD HARVEST

### SIGNATURE SALAD

Chop Chop

mixed greens, turkey, ranch dressing, BBQ Sauce

Caesar

romaine, chicken, parmesan cheese

Cob

romaine, frisee, dice chicken, ham and egg, blue cheese dressing

Asian \*

mixed greens, spinach, tuna, sesame dressing, rice noodles

## DISTANT LAND - ITALIAN

Baked Ricotta Stuffed Shells

Speedy Baked Ziti

Create Your Own Pasta

Pomodoro, Bolognese, Alfredo

## CENTRAL MARKET

Shrimp Orange Cilantro Aioli

Honey Pineapple

## HOMESTEAD

### MAINS

New York Steak Garlic Butter - Fried Chicken with jus \*

Land N' Sea - Broiled Filet Mignon, Shrimp Scampi \*

Rosemary Garlic Lamb Chops \*

Sautéed Sole Fillet Sauce Verge \*

Lobster Macaroni Cheese

Truffled Mushroom Risotto

### SIDES

Creamed Artichoke and Heritage Carrot Soup

Chicken with Soba Noodles

Mashed Potatoes

French Fries

Tomato Couscous

Steamed Jasmine Rice

Sautéed Spinach

Green Beans

## SWEET SPOT

Lemon Meringue Cheesecake

Balsamic Strawberries

Black Forest Cake no sugar added

Artisan Cheese Plate

Ice Cream Sundae

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